



News for Immediate Release

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Department of Aging Presents Excellence in Nutrition Awards

Harrisburg – The Pennsylvania Department of Aging honored those who ensure older Pennsylvanians are provided nutritious meals at home and in senior centers with the Secretary’s Award for Excellence in Nutrition for Older Pennsylvanians Awards.

The awards, announced Wednesday at the 2013 Nutrition Conference held in State College, recognizes one person and one group who work to enhance nutrition programs for older Pennsylvanians.

The winners were:

- **Jackie Coleman- Individual Award:** Coleman works at the Peter Bressi Senior Center in Philadelphia. She helps ensure that all congregate meals at the center meet nutritional requirements. She also makes sure they are prepared, served and stored properly, along with keeping the kitchen clean and orderly.
- **Senior Center Program - Group Award:** Sponsored by the Area Agency on Aging for Luzerne and Wyoming Counties and the Commission on Economic Opportunity, this program provides congregate meals for 17 senior centers. It also provides frozen home delivered meals serving approximately 1,000 individuals on a weekly basis in these two counties.

Deputy Secretary for Aging David Gingerich presented the awards on behalf of Secretary of Aging Brian Duke.

“The Department of Aging is committed to enhancing the health and well-being of older Pennsylvanians,” Gingerich said. “The award winners play a vital part in making sure older adults receive a nutritionally balanced meal and we thank them for their commitment.”

The annual nutrition conference focused on topics related to nutrition for the elderly as well as food safety. It is designed for registered dietitians, Area Agency on Aging and senior center staff involved in the provision of nutrition services.

For more information about the Department of Aging’s nutrition program, please visit: www.aging.state.pa.us

Media contacts: Christina Reese, Dept. of Aging; 717-783-1550
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