



## **News for Immediate Release**

**Sept. 21, 2012**

### **Department of Aging Recognizes National Adult Day Services Week**

**Pittsburgh** – Secretary of Aging Brian Duke today presented a proclamation on behalf of Governor Tom Corbett recognizing Sept. 16-22 as National Adult Day Services Week in Pennsylvania.

National Adult Day Services Week is organized through the National Adult Day Service Association, or NADSA, and is celebrated by more than 5,000 adult day centers nationwide. It aims to raise awareness of the availability and accessibility of adult day programs. The theme this year is, "Adult Day Services: Care. Compassion. Community."

Duke presented the proclamation while speaking to participants at NADSA's conference in Pittsburgh.

"With more than 255 adult day centers in our state that serve 12,000 older Pennsylvanians, we celebrate the service these centers carry out every day by providing social and healthcare support to participants and respite to caregivers," Duke said. "Adult day services provide a vital link in supporting the well-being of older adults to allow them to remain in their homes and communities."

Adult day centers offer a coordinated approach in a community-based setting. Centers provide care for the physical, emotional and social needs of adults age 60 and older who need support in order to live independently due to conditions such as dementia, cardiovascular disease and diabetes.

Participants enjoy assistance in many areas such as nutrition, personal care, health, self-help training and supervision. These centers also offer caregivers much needed respite, easing the stress of 24-hour caregiving.

For more information, visit [www.aging.state.pa.us](http://www.aging.state.pa.us).

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